

October 2016

MURRAYHILL LIVING

A Social Publication for the Residents of Murrayhill & Southwest Beaverton

Murrayhill resident
Dr. Camille Walker

Cover photo by
Sara Shearer Photography



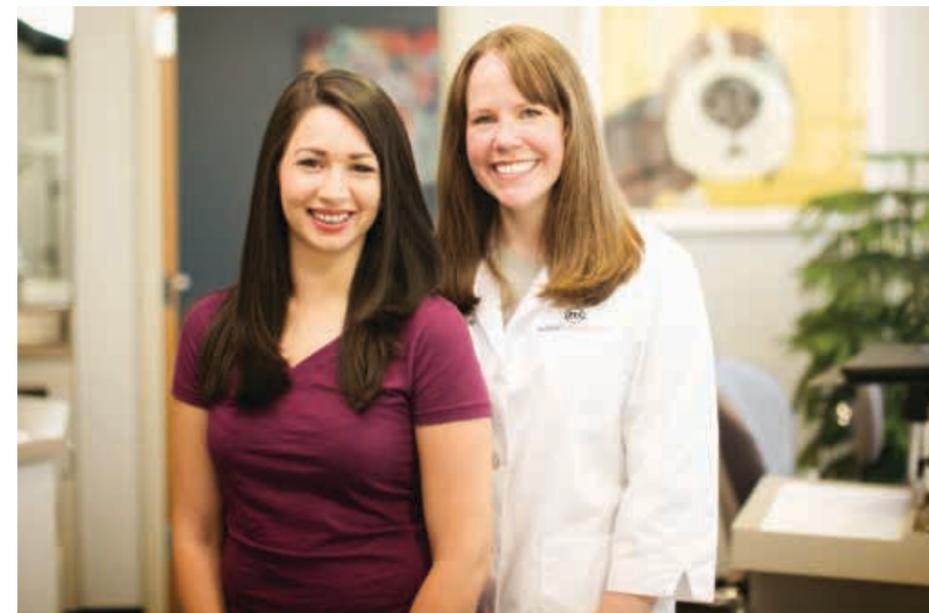
Walker Orthodontics is located inside of the newly remodeled Murrayhill Professional Suites Building

As adults, those of us lucky enough to pass through our teen years without braces, we wonder why some are now seeking orthodontic treatment. In the past 20 years, there has been large increase in the number of adults wearing some form of braces. We are about to find out why.

Enter Dr. Camille Walker, DDS, and owner of Walker Orthodontics in Murrayhill. As a high school student, Dr. Walker knew she wanted to be an orthodontist. After interviewing a number of people in the health care field, she focused her career choices and chose dentistry. By becoming an orthodontist, she would see her patients often and have the opportunity to develop relationships with the people she served. She learned that she could make a meaningful difference in people's lives and improve their self-esteem by resolving bite issues and creating beautiful, confident smiles.

Growing up in rural Washington, Dr. Walker chose Washington State University where she received her degree in business while taking pre-requisites for dental school. She knew that she would one day own her own practice and she wanted to be ready. Immediately after graduating, Dr. Walker headed off to the University of Minnesota where she earned her Doctor of Dental Surgery. While registering for school, her father, who had driven with her to Minnesota, noticed a flyer for an information session on scholarships within the military and encouraged her to attend.

She learned that the Navy provided scholarships in exchange for a commitment to active duty service. The



decision was easy. She now had complete freedom to focus on dental school without worry about the cost. Once she completed dental school, it was off to the Navy where she served three years as a general dentist and a commissioned officer. The Navy gave her the experience she needed to pursue specialty training in orthodontics. She received her Certificate in Orthodontics from Montefiore Medical Center, teaching hospital for Albert Einstein University in New York City. Completing her three-year residency in 2011, she stayed on the East Coast and worked with other orthodontists to gain additional experience. As for the Navy, she earned the rank of Lieutenant Commander and transferred to the Naval Reserves and stayed until 2013 when she needed to devote more and more of her time to her orthodontic practice.

From rural Washington to New York City, she developed a love of the big city but always planned to return to the Pacific Northwest. It was either Seattle or Portland and Portland won. She first moved to the Pearl District because of the vast array of incredible restaurants and activities. Seeking her own practice, she soon found herself in Murrayhill where she met Dr. Mark Shoger, DDS. He had owned his successful Murrayhill practice since 1991 and was ready to retire and turn his practice over to a new generation. Dr. Walker and Dr. Shoger instantly hit it off. Dr. Walker purchased the practice shortly thereafter and Dr. Shoger stayed on for several months ensuring a smooth transition.

Dr. Walker's practice is a mix of all ages. Forty percent of her patients are adults who have either been referred by their dentist or come seeking a better bite and an aesthetic smile. From her youngest patient at age seven to an 81 year old woman who needed her teeth aligned, it's never too late. Dr. Walker sees huge changes in her patients in terms of better job opportunities and self-esteem. She isn't sure if it's because their teeth look and feel better or they just have more self-confidence. Correcting the bite is her goal and a beautiful smile is an incredible side benefit. Dr. Walker explains that teeth that don't fit correctly can wear out over time and cause problems with the health of the gums.

A healthy bite and good tooth alignment can reduce problems with cavities and gum disease because straight teeth are much easier to keep clean. She has never had a patient regret getting their teeth corrected.

Dr. Walker believes that systemic health and dental health are interrelated. She recommends that all children be seen by an orthodontist as early as age seven. Most children do not require

Family is why we do it all.

We all feel the same commitment to care for our families. Helping you meet your insurance needs is part of my commitment to you.

Like a good neighbor, State Farm is there.®
CONTACT AN AGENT TODAY.



Wayne Nishimura Ins Agcy Inc
Wayne Nishimura, Agent
14780 SW Osprey Dr
Beaverton, OR 97007
Bus: 503-579-3005



Liane Nishimura Ins Agcy Inc
Liane Nishimura, Agent
14780 SW Osprey Drive
Beaverton, OR 97007
Bus: 503-579-3005



statefarm.com®

0907505.1

State Farm, Bloomington, IL

Walker Orthodontics

Dr. Camille Walker

walkerorthodontics.com • 14780 SW Osprey Drive Ste. 345

By Lynette Lazenby,
Photography By Sara Shearer Photography

...

orthodontic treatment at a young age and will just be monitored until the time is right. For a select few, early intervention allows detection and treatment of issues such as impacted permanent teeth, problems with jaw growth or jaw alignment and harmful habits. It's more effective and much easier to correct these issues when the teeth and jaw are still developing than later in life.

Dr. Walker finds that adults are seeking better smiles in increasing numbers. She also finds that many adults who had braces early in life are returning for treatment as their teeth have shifted over the years. There are so many options for correcting teeth now that we no longer need to fear the metal mouth of yesterday. The stigma of braces is pretty much gone. From clear aesthetic braces like Damon Clear braces to clear aligners like Invisalign, Dr. Walker, a Preferred Invisalign provider, sees opportunities to educate her patients in order that they make the best choice for their situation.

Committed to her practice, Dr. Walker still manages to find time to enjoy all that Oregon has to offer. She moved to Murrayhill to be closer

to her practice and to become part of the amazing Murrayhill community. She and her partner, Brad backpack and hike from Mt. St. Helens to Mt. Hood. Cycling favorites are Crater Lake and the scenic Painted Hills Bikeway loop. Both foodies, they indulge in the Portland restaurant scene with standby favorites including Ken's Artisan Pizza and Nodoguro on SE Hawthorne for sushi. At home they hit up the local farmers' markets and relish time in the kitchen cooking together.

When asked for a favorite travel destination, Dr. Walker's face lit up as she described hiking the Inca Trail in Peru, traveling through Panama, Nicaragua, United Arab Emirates, Japan, Thailand and all over Europe. These days it's harder to be spontaneous as her schedule with clients is booked sometimes weeks out. But it's okay. She loves her patients and wouldn't have it any other way.

Dr. Walker is Board Certified in Orthodontics - this is a voluntary certification that is held by only one of three practicing orthodontists. The process requires the orthodontist to demonstrate actual accomplishments in patient care with detailed case



Dr. Walker with boyfriend, Brad

reports on the treatment provided for a broad range of patient problems. It exemplifies Dr. Walker's commitment to continue to keep abreast of the latest advances in patient care and to deliver the highest quality care available.

As Dr. Walker beams her beautiful smile, she reminds me that it's never too late to see an orthodontist. Her favorite moments are when her patients have their braces taken off and see their new smile for the first time. Pure joy. Don't fear the braces. Embrace the new you.

*Building memories.
Fulfilling dreams.*

SAVIN HILL FARM
503-550-9691
WWW.SAVINHILLFARM.COM

Mike's ELECTRIC
COMMERCIAL • RESIDENTIAL
11070 SW Allen Blvd. Beaverton, OR 97005

We are pleased to offer you a 5% neighborhood discount off material & labor on jobs totalling \$300 or more

503-649-6991
www.MikesElectric.biz
Serving Portland Since 1959

Offer Expires 10/31/2016

CCB# 191094 • NOT VALID WITH ANY OTHER OFFER. • BM-05-1016

Lanphere Construction and Development WWW.BUILDLCD.COM

DESIGN • BUILD • MAINTAIN

Construction Management • General Contracting
Commercial • Residential • Industrial
Medical & Dental
Tenant Improvements • Site Development
Excavation & Utilities

Your Dream Kitchen Starts With One Call

503.718.7934

HOT SPOT

FIREPLACE AND BBQ SHOP

\$100 off MSRP on any weber BBQ
with this coupon. Expires 11-15-16

11525 SW Canyon Rd
(Just West of Hwy. 217)
Beaverton
503-626-4652

BDC beaverton dance center

Register for 2016-2017 Classes Now

Murrayhill's Preferred Dance Center

Register Today: 503-670-7008
www.BeavertonDance.com
10160 SW Nimbus Ave Ste F6 | Corner of Scholls Ferry & Nimbus